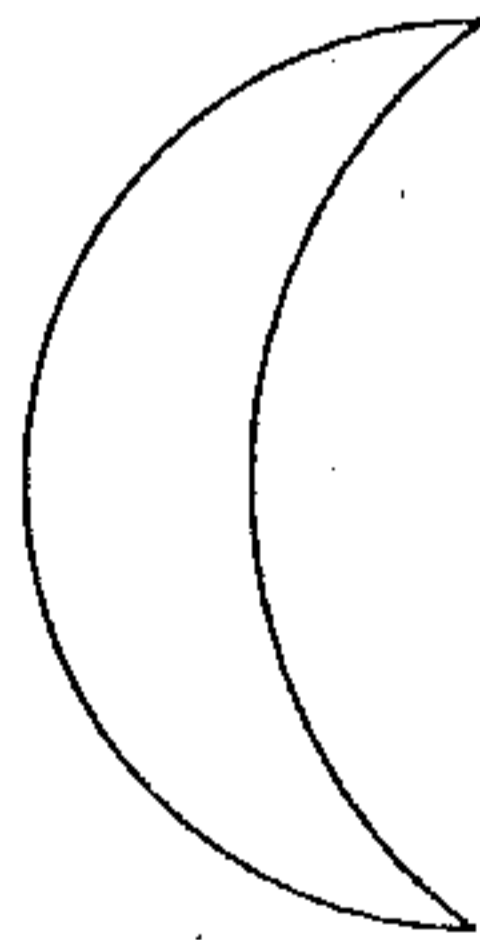


# Equinox Liturgy



*We are seeking to express God's love  
in our lives and in our world.*

The *Equinox Liturgy*, a Christian Service of Unity, was written to encourage a restoration of *balance* within our lives, knowing that the only way we can change our world is by changing ourselves.

The impulse of *Equinox* is fourfold:

- The score is composed in the traditional, centuries-old liturgical setting of the Ordinary (Latin) Mass, featuring a contemporary combination of modern musical styles
- The texts contain the universal Christian message of “oneness,” love, and forgiveness. The lyrics reflect an attitude of joy, a sense of awe, and a feeling of reassurance.
- The simple melodies and lengthy phrases require deep breaths. The key to a healthy, well-balanced life – mentally, physically, and *spirit-ually* – is to focus on the breath.
- The performing requirements are flexible, and allow for musicians and singers of all skill levels in virtually any combination of voices and instruments. Come join in!

Our greatest God-given gift for expressing joy and surviving times of crisis is a voice with which to *sing*. *Equinox Liturgy* provides a powerful vehicle for reconnecting with and (in some cases) reawakening our voices – that is to say, our *spirits* – as a way to support our lives and our world, all of which hang in the *balance*.

- - - J R Noyes

# A Celebration of the Equinox

*Vernal ~ Autumnal*

A Christian Service of Unity  
with Holy Communion

Equinox Liturgy

*composed and arranged  
by*

J R Noyes

©2008



WELCOME,  
PLEASE JOIN US

*You are welcome here. All are welcome here.  
You and your children\* are welcome here.  
This includes everyone.  
Blessings be upon you!*

*\*Children aged ten years and younger are invited at this time to come forward and participate in the liturgy through **listening** to the Kyrie ("Listen"), **singing** the words of the Gloria ("We Give, We Live"), and **reuniting** with their parents as soon as they are finished. Each child will receive an Equinox puzzle/coloring book with a box of crayons and will be instructed on how to participate, which is both easy and fun!\**

## BREATHE AND RELEASE

*While sitting in silence, think of those whom you have hurt (including yourself), knowingly and unknowingly, through thoughts, words, deeds, actions or inaction.*

*Breathe in through your nose, saying silently,  
"Please, forgive me; I love You, unconditionally."*

*Exhale through your mouth, saying silently,  
"I let go."*

*Practice each day and night, with others and alone.  
As thoughts come, let go without labels or judgment,  
releasing all fear, guilt, shame, lack, and negativity.*

## PRAYER OF ATONEMENT

*A: O eternal, everlasting One:*

**C: Just as there is day and night,  
we, too, reflect darkness and light.**

**When we fear our shadows,  
we are not AT ONE with You.  
Help us remember to ATONE.**

**When we doubt our brightness,  
we are not ALL ONE with You.  
Remind us to be ALONE.**

**When we fret and worry,  
we are not AT ONE with You.  
Help us remember to ATONE.**

**For, to ATONE, to be ALONE,  
is to be nearer to You.**

~ ~ ~

*All are welcome to share in singing*

# Listen

(Kyrie)

J R Noyes

**Meditative** (4 times)

(cantor)

Li - sten, \_\_\_\_\_ hear my call \_\_\_\_\_  
 Guide me \_\_\_\_\_ on my path \_\_\_\_\_  
 Hold me \_\_\_\_\_ when I fall \_\_\_\_\_  
 Li - sten, \_\_\_\_\_ hear my call \_\_\_\_\_

**congregation (4 times)**

1, 2, 3.	4.
----------	----

1. Li - sten, \_\_\_\_\_ hear my call \_\_\_\_\_  
 2. Guide me \_\_\_\_\_ on my path \_\_\_\_\_  
 3. Hold me \_\_\_\_\_ when I fall \_\_\_\_\_  
 4. Li - sten, \_\_\_\_\_ hear my call \_\_\_\_\_

All you

ask of us: give each o - ther love. All you

ask of us: give each o - ther love. All you

ask of us: give each o - ther love. All are ONE.

*please stand*

# We Give, We Live

(Canonic Passacaglia)  
(Gloria)

J R Noyes

Steadfastly



We give all thanks, all praise, o e-ter-nal One. We live our lives in ser-vice to You.

women only



We give all thanks, all praise, o e-ter-nal One. We live our lives in ser-vice to You.

women



please divide into L/R sides

We give all thanks, all praise, o e-ter-nal One. We live our lives in ser-vice to You.

add men



continue on, same as before...

We give all thanks, all praise, to You.

women (LEFT side)

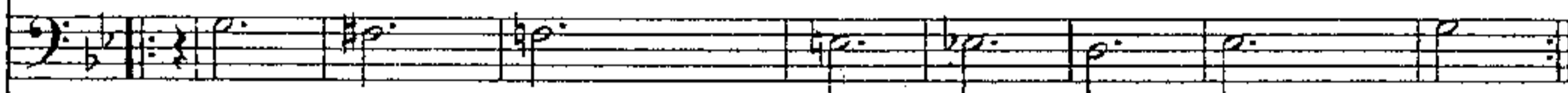
(repeat 4 times)



We give all thanks, all praise, o e-ter-nal One. We live our lives in ser-vice to You.

men

(repeat 4 times)



We give all thanks, all praise, to You.

women (RIGHT side)

(repeat 4 times)

(on cue)  
CANON 1

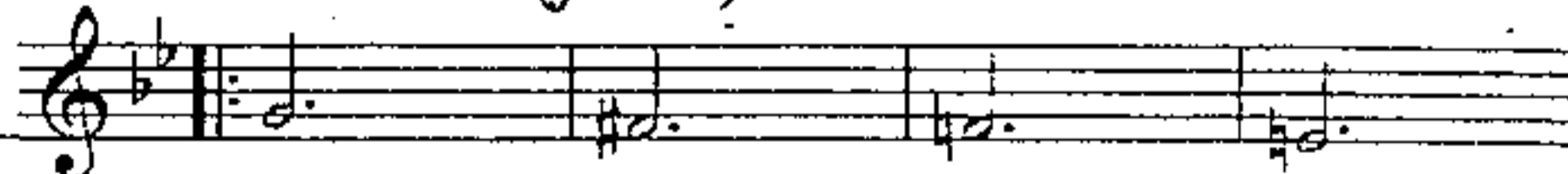


We give all thanks, all praise, o e-ter-nal One. We live our lives in ser-vice to You.

(on cue)  
CANON 2

add children (front)

(repeat 4 times)



We give all thanks.....

After four repetitions, children singing in front shall be reunited with their parents.

## GREETING

*P: Peace and blessings be upon you.  
What a wonderful celebration it is to  
know that every star in every galaxy,  
every creature and every thing are all  
connected in perfect harmony – each  
with a voice to sing. All are one!*

**C: All are welcome!**

## PRAYER OF THE EQUINOX

*A: O eternal, everlasting One,*

**C: now is the season of equal days and  
equal nights, a time of balance, a  
symbol of stability. Let this also be  
a time to reflect upon our lives,  
which too often are in a state of  
imbalance and turmoil. Help us to  
accept the duality of our nature, and  
guide us as we seek the steady path  
toward equilibrium – within our  
hearts and minds, bodies and souls.**

*A: Let there be peace on the earth.*

**C: Let peace begin with me.**

*(please be seated)*

## EPISTLE READING

## GOSPEL READING

*(please stand)*

*A: As witnesses to each day,*

**C: we are renewed.**

*(please be seated)*

## SERMON and/or MEDITATION

**Psalm 2005**

**(Credo)**

*(see take-home insert for text)*

## PRAYERS FOR ALL

*(please stand)*

A: *As the sun rises on the evil and the good, and as rain is sent to the just and the unjust, so, too, Jesus taught us to love and forgive both our enemies as well as our friends, to pray for those who persecute us as well as for those who support our efforts.*

*(Matthew 5:44-45)*

A: *Join us as we offer prayers of peace, love, understanding, thanksgiving, and forgiveness to all, including those we label as "deserving" as well as those we judge as "undeserving," realizing that God makes no such distinctions.*

*(Matthew 20:14)*

*(after each prayer, we say...)*

A: *We pray for all,*

**C: so that all may become one.**

## PEACE

P: *Peace be with you.*

**C: And also with you.**

P: *As the Father sent Jesus, even so He sends us, so that we, too, may send each other in peace. (John 20:21)*

*(share the peace, then be seated)*

## OFFERING

### OFFERTORY PRAYER

*(please stand)*

A: *We have different gifts, according to the grace given us. (Romans 12:6)*

**C: As stewards of God's grace, we offer these gifts in service to one another.**

*(1 Peter 4:10)*

## THE GREAT THANKSGIVING

*P: We celebrate the wonder of our world!*

**C: We celebrate the wonder of our lives!**

*P: All of creation, all of our lives, joy and elation,*

**C: when we open our hearts, our minds, when we open our eyes!**

*P: We are forever reminded to be thankful, knowing that whomever You send into our lives, and whatever events You send our way, whether we would judge them as good or evil, harmful or helpful, such circumstances are beyond our comprehension and are in Your hands. (Romans 11:33)*

*P: You are the source of life for all creation and You made us in Your own image. In so doing, You sent Christ Jesus, the Light of the World. You also sent Judas Iscariot, who, in darkness, handed over Jesus for crucifixion. Christ forgave Judas and the crucifiers – and did not die – He is risen, indeed! We, too, must offer forgiveness to have eternal life. (John 1:3, 3:16, 6:70-71)*

*P: We are not to judge, for with any judgment we pronounce, we will be so judged. Jesus reminds us that He came to save the world, not to judge the world. His covenant for us is to love and to be loved, and the reward is eternal life. (Matthew 7:1-3)*

**C: We sing to You a new song!**

# All Are One

(Sanctus et Benedictus)

J R Noyes

translation, D Wollenburg

Andante cantabile



1. All 'are one, all are wel-come, all are won-der-ful in spi-rit, all are
2. To - dos u - no bien-ven - i - dos, to-dos ri - cos en es-spi-ri-tu, to-dos
3. To - dos u - no bien-ven - i - dos, to-dos ri - cos en es-spi-ri-tu, to-dos
4. All are one, all are wel-come, all are won-der-ful in spi-rit, all are



song and all are sing - ing, for - ev - er sing - ing all are one.  
 can - to y to-dos can - tan, can-tan-do to - dos som - os u - no.  
 can - to y to-dos can - tan, can-tan-do to - dos som - os u - no.  
 song and all are sing - ing, for ev - er sing - ing all are one. (*fine*)



Ev' - ry star, in ev'-ry gal-ax-y ev' - ry crea-ture and ev'-ry thing, all in  
 Ev' - ry thought, ev'-ry ac - tiv-i-ty, all things near, far, and in be-tween, all con-  
 Ev' - ry star in ev'-ry gal-ax-y ev' - ry crea-ture and ev'-ry thing, all in



mo - tion in per-fect har-mo - ny each with a voice to sing...  
 nec - ted, ex - quis - ite mys - ter - y, oh, "life is but a dream!"  
 mo - tion in per-fect har-mo - ny each with a voice to sing...

## BENEDICTION

*P: Jesus said, "I am the bread of life; one who comes to me shall not hunger, and one who believes in me shall never thirst." And, He reminds us: when we believe in Him, we believe not in Him (only), but in the ONE who sent Him.*

*(John 6:35, 12:44)*

*P: Therefore, when we take this bread and wine, we are reminded that just as Jesus is in us, You are in Him, that all may become perfectly ONE.*

*(John 17:22-23)*

## OUR SAVIOUR'S PRAYER

*[Note: below is the earliest known version of the prayer Jesus taught us.]*

*P: As Jesus taught us, we now pray:*

**Father, hallowed be your name.**

**Your kingdom come.**

**Give us each day our daily bread.**

**And forgive us our sins;**

**for we ourselves forgive every**

**one that is indebted to us.**

**And lead us not into temptation.**

*(Luke 11:2-4)*

## INVITATION TO COMMUNION

*P: Let go your fears, your doubts, your worries; be all one [alone] and at one [atone] in the risen Christ Jesus.*

**C: He is forever with us!**

*Please be seated and then directed by the ushers.  
Bring this booklet with you, and when indicated, please join with everyone as we sing "Let Go" to one another.*

**All are welcome to share: Come, Union**

# Let Go

(Agnus Dei)

J R Noyes

The musical score for 'Let Go' is written for voice and piano. It begins with a treble clef and a key signature of one flat (B-flat). The first two staves are instrumental, featuring a melodic line with a repeat sign and first/second endings. The third staff is the vocal line, starting with the instruction '(repeat 2 times)'. The lyrics are: 'Let go your fear, let go your doubt,'. The fourth staff is the piano accompaniment. The fifth staff contains two more vocal phrases, each marked '(3 times)'. The lyrics are: 'let go your wor-ry: I AM right here.' The piece concludes with 'D.C. al Fine' and 'Fine'.

## PRAYER OF COMMUNITY

(remain seated)

*A: O eternal, everlasting One:  
Through this bread of life  
and cup of salvation,  
we are united through Christ  
with You.*

*Only through Your love may we  
invite all to come to unity.  
Let us all join together!*

**C: Let us celebrate!**

(please stand)

# Sing a Song of Song (Wonderful)

(Ite missa est)

K Garrett  
arr J R Noyes



We cel - e - brate the won - der of our world \_\_\_\_\_



We cel - e - brate the won - der of our lives \_\_\_\_\_ Won - der -



ful Won - der - ful Won - der -



ful Won - der - ful Won - der



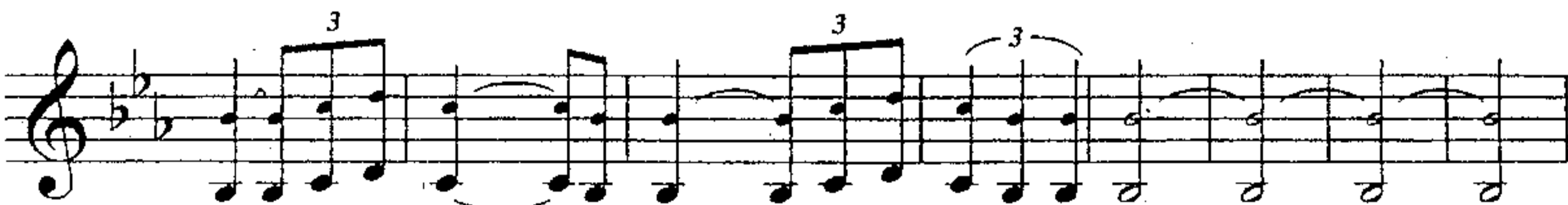
We cel - e - brate the won - der of our world \_\_\_\_\_



We cel - e - brate the won - der of our lives \_\_\_\_\_



All of cre - a - tion \_\_\_ All of our lives \_\_\_ Joy and e - la - tion \_\_\_ when we



o - pen our hearts, our minds, when we o - pen our eyes \_\_\_\_\_



We cel - e - brate the won - der of our world \_\_\_\_\_

We cel - e - brate the won - der of our lives \_\_\_\_\_

Let there be peace on the earth \_\_\_\_\_ Let peace be - gin with me \_\_\_\_\_

Let there be peace on the earth \_\_\_\_\_ Let peace be - gin with me \_\_\_\_\_

Won - - - der - - - ful \_\_\_\_\_ peace!

Won - der - ful \_\_\_\_\_ peace!

We cel - e - brate the won - der of our world \_\_\_\_\_

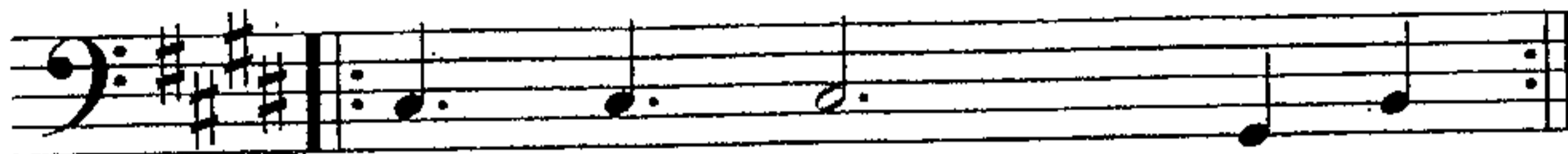
We cel - e - brate the won - der of our lives \_\_\_\_\_ Won - der -

ful One door full Won - der - ful

One door full Won - der - Won - der - ful One door full

Won - der - ful One door full Won - der - ful *please be seated* One door full . . .

## BLESSING



*[All You ask of us: give each other love...]*

*A: There is neither Jew nor Greek,  
there is neither slave nor free,  
there is neither male nor female;  
for you are all one in Christ  
Jesus. (Galatians 3:28)*

**C: ONE DOOR = FULL!**

*[Behold, I stand at the door and  
knock; if anyone hears My voice  
and opens the door, I will come  
in to him and will dine with him,  
and he with Me.]*

*(Revelation 3:20)*

***Let us share the good news:  
Forgiving is for living!***

**GO IN PEACE,  
SERVE ONE ANOTHER**



*(Please, return this bulletin. The insert is yours to keep!)*